

## **THE REGULATIONS OF THE "POLISH RUN" VIRTUAL RUNNING EVENT**

### **1. Organiser.**

A. Eastern Poland Voivodships associated within East Poland House in Brussels; Avenue de Tervueren 48, 1040 Brussels, Tel: +32 2 738 02 20, email: info@eastpoland.eu;

B. Embassy of the Republic of Poland in the Kingdom of Belgium, Rue Stevin 139, 1000 Brussels, tel.: +32 2 7804500, email: bebruamb2@msz.gov.pl;

### **2. Purpose of the event.**

The purpose of the event is to activate the Polish community abroad and promote a healthy and sporting lifestyle. An additional goal of the event is to promote individual activities during the pandemic.

### **3. Date and place.**

- The competitor may run between 10-20 July 2020
- The length of the Run is 10 km
- •The competitor may cover a distance of 10 km in any terrain, subject to the recommendations of the competent Ministry of Health regarding social distance.
- Competitors are required to comply with traffic rules.

### **4. Time limit.**

- Competitors have no time limit.

### **5. Participation and applications**

- Only people who are 15 years old at the latest on their start day have the right to participate in the Run.
- The Organiser allows the participation of competitors in wheelchairs with a direct and indirect drive (e.g. hand-bike) and rim-push type.
- A requirement for the participation in the Run is the correct completion of the registration form. The correctly completed form is sent in electronic form. You accept these Regulations by completing the registration form.
- Applications are accepted from 10 June to 20 July 2020.
- After registration, the competitor will receive the start number in a pdf file. The number can be printed and attached to a T-shirt during the Run. This is not a prerequisite.

### **6. Rules.**

- The participant registers for the Run.
- Each participant of the Run has a distance of 10 km to cover. The indicated distance can be covered at any time between 10-20 July 2020.
- The distance can be run in two ways:

- Running "from start to finish", covering 10 km at a time,
- "In intervals". The distance of 10 km spreading over any two days. It does not matter how many km the participant will run on a given day - it is important that the sum of 2 runs gives a total distance of 10 km. 2 start days must be between 10 and 20 July 2020.
- The participant can record his/her run with any device recording the time and distance covered. It is important to be able to send a photo/screenshot showing the run with a visible distance and time.
- After completing the Run, the participant sends his/her score by completing the form issued by the Organiser at [www.polishrun.eu](http://www.polishrun.eu). The application requires entering the time obtained and attaching a photo or screenshot showing the route covered along with the visible distance and time.
- The application can be entered only once.
- Incomplete applications will not be considered.
- What counts is the score that will be documented in the photo/screenshot. If the participant has run, for example, 11 km, the scores will show the time at 11 km. Therefore, the participant should do everything to run as close as possible to a distance of 10 km, while remembering that 10 km is the minimum distance allowing classification in the Run.
- The Organiser will successively verify and update the scores and publish them on [www.polishrun.eu](http://www.polishrun.eu).

## 7. Classification.

Based on the scores submitted, the following classifications will be conducted, broken down into the distance covered during one run and the run "in intervals":

- a. **General classification** (women and men),
- b. **Age classifications:**
  - W-20 (Women), M-20 (Men) (2002 - 1991)
  - W-30, M-30 (1990-1981)
  - W-40, M-40 (1980-1971)
  - W-50, M-50 (1970 - 1961)
  - W-60, M-60 (1960 - 1951)
  - W-70, M-70 (1950 and older)
- c. Classification of the fastest competitors - according to the country of residence.

## 8. Prizes.

- Detailed information on prizes in individual categories of "Polish Run" will be published on the website - [www.polishrun.eu](http://www.polishrun.eu) by 10 July 2020 at the latest.
- The participants who have completed the run will receive a virtual medal and certificate/diploma.

## 9. Final provisions.

- Due to the specific conditions and rules of the Run, we urge you to comply with fair play rules. We would like to draw your attention to covering the distance yourself by running or walking. It is unacceptable to cover the distance on roller skates, bicycles, scooters or otherwise. The exception is disabled people in wheelchairs.
- The Organisers do not cover the costs associated with participation in the run;
- The participants of the competition waive all claims that they may have against the Organiser in relation to the competition, with the exception of claims for damage caused by willful misconduct or other cases in which liability cannot be excluded in accordance with generally applicable regulations;
- Individual insurance against injury or other unfortunate events, which may be experienced by the participant during the Run, requires a separate policy purchased individually by the participant;
- The participant acknowledges that participation in the run involves physical effort
- and entails natural risks and near accidents, the possibility of personal and physical injury, including death;
- The Organiser, to the fullest extent permitted by applicable law, is released from any liability for any damage caused by participants as a result of participation in the competition and is exempt from the obligation to repair such damage;
- The Organisers are not responsible for the quality or proper implementation of prizes funded by other entities acting as partners/sponsors of the event;
- The Organiser is not responsible for cancelling the event for reasons beyond its control and unpredictable circumstances;
- The Organiser reserves the right to send to the participants of the Run information about the Run and other events organised or co-organised by the Organiser, as well as for internal administrative and analytical needs.
- The Organiser reserves its right, as well as the right of the entities associated with it, to conduct interviews with each participant, take pictures and/or film, use names and surnames, image, voice and other materials originating from or related to participation in the Run for advertising and promotional purposes, as well as the possibility of their use on the Internet or radio and television broadcasts as well as for any other commercial needs with the right to modify them.
- The Organiser reserves its right, as well as the right of the entities associated with it, to use, free of charge, all photos sent by participants, footages, interviews and recordings that can be placed free of charge on selected electronic media, catalogues and media: television, radio, newspapers, magazines and websites for advertising and promotional purposes. The participant declares that the Organiser is not and will not be obliged to pay any fees related to the activities described in this paragraph, thereby granting an unlimited licence to use statements and information without notice for the purpose of advertising and promoting the Run.
- The Organiser reserves the right to amend the Regulations. The Organiser will inform about any changes in the Regulations on the website of the Run.
- Only the Organiser has a binding and final interpretation of these regulations;

## **10. GDPR information clause.**

- **Who is the administrator of your personal data?**

The administrator of your personal data is *the Regional Office of the Warmińsko-Mazurskie Voivodeship in Brussels operating as part of the initiative of East Poland House in Brussels, based at Avenue de Tervueren 48 1040 Brussels, Belgium, associating the Podlaskie, Lubelskie, Podkarpackie, Świętokrzyskie and Warmińsko-Mazurskie Voivodeships for the purposes related to the organisation of the Polish run virtual sports competitions. The contact with the personal data administrator is possible at [Info@eastpoland.eu](mailto:Info@eastpoland.eu)*  
The administrator has appointed a Data Protection Inspector who can be contacted via email: [p.zywicki@warmia.mazury.pl](mailto:p.zywicki@warmia.mazury.pl)

- **For what purpose and on what basis are your personal data processed?**

1. provision of electronic services:
  - implementation of the contract - i.e. participation in the run
2. implementation of the contract - i.e. participation in the run:
  - participation in the run (preparation of the starter package, preparation of scores, release of prizes, etc.)
  - publishing public start lists and scores
  - provision of payment services
  - sending organisational information (email/SMS) about the runs organised by the Regional Office of the Warmińsko-Mazurskie Voivodeship in Brussels, operating as part of the initiative of East Poland House in Brussels
  - handling requests and correspondence that you direct to us
  - contact with competitors
3. on the basis of legally justified purposes - Regional Office of the Warmińsko-Mazurskie Voivodeship in Brussels, operating as part of the initiative of East Poland House in Brussels:
  - direct marketing of products and services
  - handling requests and correspondence that you direct to us
  - contact with the competitor
  - counteracting fraud and abuse
4. on the basis of a consent given:
  - sending marketing information (email/SMS)

- **Do you have to provide personal data?**

Providing personal data is necessary to participate in the run.

Failure to provide personal data prevents the conclusion of the contract and participation in the run.

- **How long will personal data be processed?**

The data will be processed during the use of the [sts-timing.pl](#) registration page and participation in the runs organised by East Poland House, for which you sign up through the Website.

After the end of this period, the data will still be stored for purposes resulting from legal provisions (especially tax and accounting provisions), counteracting fraud and abuse as well as from pursuing any claims arising from the concluded contract.

Part of the data (especially those that are in the scores of the run) can also be processed after this date for statistical and archival purposes.

- **Who will be the recipient of personal data?**

Personal data will be disclosed to the Administrator's employees, associates and subcontractors to the extent necessary to achieve the previously mentioned purposes of processing personal data, including the portal on which the registration of participants takes place - sts-timing.pl.

Starting lists and scores, containing basic personal data, will be publicly available, including those published on the website of the Run.

- **What are the rights arising from the processing of personal data?**

You have the right to request access to your personal data, to rectify and delete them, and to restrict their processing. Besides, you have the right to object to their processing and transferring.

If you believe that data processing is unlawful, you have the right to lodge a complaint to the President of the Office for Personal Data Protection, ul. Stawki 2, 00-193 Warszawa.

Besides, with regard to the processing that is based on your consent - you have the right to withdraw it at any time.